



SOFT & MOIST SWEETENED DRIED CRANBERRIES
UPC 94514 92008 50390 94530 03477 93385
NUTRITIONAL ANALYSIS (per 100 grams – unrounded) JUN 2020

Calories	325.00
Calories from Fat	6.03
Total Carbohydrates	82.50 g
Sugars	72.50 g
Added Sugar	65.00 g
Dietary Fiber	6.36 g
Protein	0.47 g
Total Fat	0.67g
Saturated Fat	0.07 g
Monounsaturated Fat	0.44 g
Polyunsaturated Fat	0.16 g
Trans Fat	0.00 g
Cholesterol	0.00 mg
Moisture	16.31 g
Ash	0.05 g
Vitamin A	44.50 IU / 2.23 RAE
Vitamin C	0.00 mg
Vitamin D	0.00 mcg
Calcium	1.61 mg
Iron	0.00 mg
Copper	0.08 mg
Magnesium	0.00 mg
Niacin (Vitamin B3)	0.00 mg
Phosphorus	7.68 mg
Potassium	43.33 mg
Riboflavin (Vitamin B2)	0.00 mg
Sodium	8.98 mg
Thiamin (Vitamin B1)	0.00 mg

Zinc	0.00 mg
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Ocean Spray Cranberries One Ocean Spray Drive, Lakeville/Middleboro, MA 02349 508-946-1000