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Ocean Spray Ingredients

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NUTRITION INFORMATION¹

Product Name: Whole Sweetened Dried Cranberries (98008)
Intermediate Moisture Whole Sweetened Dried Cranberries (98051)

UPC: 98008, 98051

Analysis Date: July 2021

Review Date: 02-09-2022

NUTRITION	Per 100 g
CALORIES (US) ²	319.26
- EU Energy (kJ / kcal) ³	1381.27 / 325.9
PROTEIN (g)	0.53
TOTAL CARBOHYDRATES (g)	82.57
- AVAILABLE CARBOHYDRATES (g) ⁴	76.20
TOTAL SUGAR (g)	67.82
ADDED SUGAR (g) ⁵	61.18
TOTAL DIETARY FIBER (g)	6.37
SOLUBLE FIBER (g)	1.98
INSOLUBLE FIBER (g)	4.40
ORGANIC ACIDS (g)	2.22
SUGAR ALCOHOL/POLYOLS (g)	0.00
TOTAL FAT (g)	0.94
SATURATED FAT (g)	0.10
POLYUNSATURATED FAT (g)	0.27
MONOUNSATURATED FAT (g)	0.53
TRANS FAT (g)	0.00
ASH (g)	0.13
MOISTURE (g)	15.83

1 Nutrition is based on an average sampling

2 US FDA 21 CFR 101.9

3 REGULATION (EU) No 1169/2011 25 October 2011, ANNEX XIV

4 Available Carbohydrates = Total Carbohydrates – Total Dietary Fiber

5 Does not include sugar inherent to the fruit

NUTRITION	Per 100 g
ALCOHOL (g)	0.00
CHOLESTEROL (mg)	0.00
VITAMIN A (IU/ug RAE)	44.50 / 2.33
VITAMIN C (mg)	0.00
VITAMIN D (mcg)	0.00
VITAMIN E (mg α -tocopherol)	Not Tested
THIAMINE [B1] (mg)	0.02
RIBOFLAVIN [B2] (mg)	<0.02
NIACIN [B3] (mg NE)	0.08
CALCIUM (mg)	9.11
IRON (mg)	0.00
MAGNESIUM (mg)	5.66
MANGANESE (mg)	0.20
POTASSIUM (mg)	69.51
SODIUM (mg)	5.51
ZINC (mg)	0.07



31-Aug-22

Kerrie L. Kaspar

Principal Regulatory Scientist

Regulatory Affairs, Ocean Spray Cranberries, Inc.
On behalf of Ocean Spray International Services, Inc.