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**Ocean Spray Ingredients**

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**NUTRITION INFORMATION<sup>1</sup>**

**Product Name:** Diced (94540) and Double Diced (94673) Sweetened Dried Cranberries

**UPC:** 94540, 94673

**Analysis Date:** July 2021

**Review Date:** 02-14-2022

<b>NUTRITION</b>	<b>Per 100 g</b>
CALORIES (US) <sup>2</sup>	344.73
- EU Energy (kJ / kcal) <sup>3</sup>	1482.43 / 349.67
<b>PROTEIN (g)</b>	0.37
<b>TOTAL CARBOHYDRATES (g)</b>	89.33
- AVAILABLE CARBOHYDRATES (g) <sup>4</sup>	82.62
TOTAL SUGAR (g)	74.50
ADDED SUGAR (g) <sup>5</sup>	67.42
TOTAL DIETARY FIBER (g)	6.71
SOLUBLE FIBER (g)	2.95
INSOLUBLE FIBER (g)	3.76
ORGANIC ACIDS (g)	2.55
SUGAR ALCOHOL/POLYOLS (g)	0.00
<b>TOTAL FAT (g)</b>	0.76
SATURATED FAT (g)	0.10
POLYUNSATURATED FAT (g)	0.20
MONOUNSATURATED FAT (g)	0.46
TRANS FAT (g)	0.00
<b>ASH (g)</b>	0.06
<b>MOISTURE (g)</b>	9.48

1 Nutrition is based on an average sampling

2 US FDA 21 CFR 101.9

3 REGULATION (EU) No 1169/2011 25 October 2011, ANNEX XIV

4 Available Carbohydrates = Total Carbohydrates – Total Dietary Fiber

5 Does not include sugar inherent to the fruit

<b>NUTRITION</b>	<b>Per 100 g</b>
ALCOHOL (g)	0.00
CHOLESTEROL (mg)	0.00
VITAMIN A (IU/ug RAE)	44.50 / 2.33
VITAMIN C (mg)	0.00
VITAMIN D (mcg)	0.00
VITAMIN E (mg $\alpha$ -tocopherol)	Not Tested
THIAMINE [B1] (mg)	0.02
RIBOFLAVIN [B2] (mg)	<0.02
NIACIN [B3] (mg NE)	0.08
CALCIUM (mg)	7.98
IRON (mg)	0.05
MAGNESIUM (mg)	4.31
MANGANESE (mg)	0.27
POTASSIUM (mg)	65.21
SODIUM (mg)	5.94
ZINC (mg)	0.06



4-Oct-22

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Regulatory Affairs, Ocean Spray Cranberries, Inc.  
On behalf of Ocean Spray International Services, Inc.